

# Green Tara Short Practice



OM TARE TUTARE TURE SOHA

## Homage

In the most perfect place, the Potala,  
Born of the green letter TAM,  
Drolma emanates on the light rays of TAM  
Drolma and entourage, please grant your presence.  
The gods and demigods bow their crowns  
at your lotus feet.  
The one who liberates all the destitute,  
I bow to you, Drolma, the Mother.

Potala yin e chok ne  
Tam yik jang ku le trung shing  
Tam yik o kyi Drolma trul  
Drolma kor che she su sol  
Lha dang lha min cho pen gyi  
Shap kyi pe ma la tu ching  
Pong pa kun le drol dze ma  
Drolma yum la chak tsal lo

## Mantra



OM TARE TUTARE TURE SOHA

## Dedication

By this virtue may I quickly attain the state of Tara and  
place all beings without exception in that state.