



*The Daily Practice of the Secret Attainment of the  
Unsurpassed Extremely Secret Vajrakilaya called  
“The Essence of the Play of Concerned Activity”*

[www.LosangSamten.com](http://www.LosangSamten.com)



Guru Ngadrama Statue  
Of Guru Padmasambhava  
Samye Monastery, in Tibet

This manner of practice, up to the profound recitation is based on that which was written by Chagmed Rinpoche. After that, envisioning that persons unskilled in Sadhana, such as village Ngakpas, may mistakenly assemble the practice, from the quintessence of the Terma text itself, and from Chagmed Rinpoche's own words according to Ratna Lingpa's tradition, this daily practice for the secret attainment was purely composed at the Palpung mountain retreat "Dewikoti" by Padma Garwang Tsal.

In the pure gold of the demon taming Queen's speech  
Rests this turquoise cluster of secret attainment  
Worn as a beautiful necklace by the youthful Vidyadharas.  
May the Supreme Doctrine blossom anew.

May all beings be auspicious!

## *The Prayer For Good Fortune*

OM May there be the good fortune of the originally pure  
spontaneously vast Dharmakaya  
AH May there be the good fortune to remain in the self-  
originating, luminous Sambhogakaya,  
HUNG May there be the good fortune of various Nirmanakaya  
manifestations to tame sentient beings.  
HRIH Remain in the skillful means of the compassion of  
loving kindness.  
(reciting this, throw flowers)

OM CHÖ KU KA DAG LHÜN JAM TA SHI NI  
AH LONG KU RANG JUNG ÖD SAL NGANG DU SHOG  
HUNG TRÜL KU NA TSOG DRO DÜL TA SHI NI  
HRIH TAB KHEI THUG JEI NYING JE-I NGANG DU SHOG

## *GURU PADMASAMBHAVA GURU YOGA*

### *Refuge*

Myself and all sentient beings, boundless as space, take refuge  
in the precious lama, inseparable from the Buddha.  
In all buddhas, dharma, and sangha we take refuge.  
In the gatherings of lamas, yidams, and dakinis we take refuge.  
In the clear light of shunyata and dharmakaya, inseparable from  
my mind, I take refuge.

MA NAMKHA DANG NYAMPE SEMCHEN TAMCHE LAMA  
SANGYE RINPOCHE LA KYAPSO CHEWO  
SANGYE CHO DANG GENDUN NAM LA KYAPSO CHEWO  
LAMA YIDAM KHANDROI TSOG LA KYAPSO CHEWO  
RANG SEM TONG SEL CHOKYI GU LA KYAPSO CHEWO

### *Root Lamas*

In the Palace of Unexcelled Dharmadhatu,  
The Essence of all the Buddhas of the three times  
Who bring about the direct introduction to one's own mind,  
the Dharmakaya  
The Root Lamas, to you I pray.

OG MIN CHÖ KYI YING KYI PHO TRANG NA  
TÜ SUM SANGYE KUN KYI NGO WO NYID  
RANG SEM CHÖ KUR NGÖN SUM TÖN DZED PE  
TSA WE LAMA NAM LA SOL WA DEP

### *Seven-Line Prayer*

HUNG In the northwest of the country of Oddiyana,  
In the heart of a lotus flower,  
Endowed with the most marvelous attainments,  
You are renowned as the “Lotus Born”,  
Surrounded by many hosts of dakinis.  
Following in your footsteps,  
I pray to you to come and bless me with your grace.

**GURU PEME SIDDHI HUNG**

HUNG ORGYEN YUL GYI NUM CHANG TSAM  
PEMA GESAR DONGBO LA  
YA TSEN CHOG GI NGO DRUB NYE  
PEMA JUNGNE SHE SU DRAK  
KHOR DU KHANDRO MANG POKOR  
KYE KYI JE SU DAK DRUP KYI  
CHIN GYI LAP CHIR SHEK SU SOL

**GURU PEME SIDDHI HUNG**

### *The Mantra*

ཨོཾ་ཧཱུྃ་འུ་བཙུ་བ་ལྷ་སྐྱེ་ལྷོ།

OM AH HUNG BENZA GURU PEME SIDDHI HUNG

OM AH HUNG purify obscurations arising from the three  
mental poisons: desire/attachment, aversion, and ignorance  
BENZA purifies obscurations which stem from anger  
GURU purifies obscurations which stem from pride  
PEMA purifies obscurations which stem from desire/attachment  
SIDDHI purifies obscurations which stem from envy/jealousy  
HUNG in a general way purifies obscurations, which stem from  
all emotional afflictions

### *The Dissolution Stage*

The assembly of deities of all-embracing kindness  
Naturally dissolve into the expanse of five-coloured light.  
The five lights, as the luminosity of complete enjoyment,  
The vessel and contents (dissolve into) the expanse of the  
Dharmakaya.

THUG JE KÜN KYAB LHA TSOG NAM  
RANG SHIN ÖD NGAI LONG DU THIM  
ÖD NGA LONG CHÖD DZOG SAL WA  
NÖD CHÜD CHÖ KUI LONG DU-O

### *The Dedication*

By the body, speech and mind of myself and others,  
Whatever of the two accumulations have been amassed  
in the three times,  
I dedicate to the perfected transformation, the great purity,  
May the result of the indivisible nature be obtained!

DAG SHEN LÜ NGAG YID SUM GYI  
DÜ SUM TSOG NYI CHI SAG PA  
GYUR DZOG YANG DAG CHEN POR NGO  
NGO WO NYI MED DRE THOB SHOG

OM BENZAR KILIKILAYA DZA HUNG BAM HO KA TAM KA YEI DZA  
YEI BIDZA YEI AH DZI TEI AH PA RA DZI TEI MA RA SE NA PRA  
MAR TA NA YEI SARWA BIGNAN BAM HUNG PHAT

When one needs to accomplish the visualization in front, from the beginning instantly visualize the deity in front of you. Perform the emanation and reabsorption of the light rays separately. The mantra chain emerges from one's mouth entering into the mouth of the visualization in front. Descending to the navel and/or secret center it circles between the two. Finally, consider that white, yellow, red and green light rays radiate and visualize the accomplishment of the four concerned activities respectively. At the end of the session, perform the dissolution into emptiness as usual.

### *The Offering and Praise to Repair Mistakes*

May the great and glorious Vajrakilaya and his assembly of deities come here  
Outer, inner and secret offerings are made.  
Praise is rendered to your body, speech, mind, noble qualities and concerned activities!  
I confess all transgressions, mistakes, deteriorations and broken vows caused by carelessness.  
Through your loving kindness and compassion bestow spiritual attainment.

PAL CHEN PHUR BÜ LHA TSOG SHEG  
CHI NANG SANG WAY CHÖD PA BUL  
KU SUNG THUG YÖN TRINLEY TÖD  
BAG MED GAL TRUL NYAM CHAG SHAG  
THUG JE TSER GONG NGÖ DRUB TSOL

### *The Four Thoughts*

#### I. Fortunate Human Rebirth, Difficult to Obtain

It is exceedingly difficult to obtain human life with  
(the eight) freedoms and (ten) endowments.

When I have got the chance to fulfill the aim of humanity,  
If I do not take advantage of it,  
How can I get this opportunity afterwards.

#### II. The Impermanence of Life

The three worlds are Impermanent as the clouds of autumn.  
The births and deaths of beings are like watching a dance.  
The speed of human lives is like lightning in the sky;  
It passes swiftly as a stream down a steep mountain.

#### III. Karma: Cause and Result

If, when his time comes, even a king should die,  
His wealth and his friends and relatives shall not follow him;  
Wherever men go, wherever they remain,  
Karma like a shadow will follow them.

#### IV. The Suffering of Samsara

Due to ignorance, craving and becoming  
Are the realms of men, gods and the three inferior spheres;  
The five realms will revolve foolishly  
Like the turning of a potters' wheel.

TAL JOR DI NI SHINTU NYE PAR KA  
KYE WÜ TON DRUP THOP PAR KYUR WA LA  
KAL TE DI LA PHEN PA MA DRUP NA  
CHEE DI YANG TAK JOR WAR KA LA GYUR

SID SUM MI TAK TÖN KE TRIN TANG DRA  
DRO WE KYE CHI KAR LA TA TANG TSHUNG  
KYE WÜ TSHE DRO NAMKHE LOK DRA TE  
RI ZAR BAB CHU ZHINTU NYUR GYOK DRO

TÜ KYEE NYEN NE GYALPO DRO KYUR NA  
LONGCHOD DZA TANG NYEN SHE JE MI DRANG  
KYE WU TAK NI KAR NE KAR DRO YANG  
LE NI TRIPMA ZHINTU JESU DRANG

SED SID MA RIG WANG KEE KYE WO NAM  
MI TANG LHA TANG NGEN SONG NAM SUM PO  
DRO WA NGA PO TAKTU MI KHE KHOR  
PERNA DZAKHEN KHORLO KHORWA ZHIN

### ***Buddha of the Three Times***

Guru Rinpoche, the Buddha of past, present, and future,  
Guru of Great Bliss, the source of all siddhis,  
Wrathful One Who Subdues All Negativity, who removes  
all obstacles

Grant your blessings we pray!  
Through them, may all obstacles – outer, inner, and secret –  
Be quelled, and may all our aspirations be fulfilled.

DU SUM SANGYE GURU RINPOCHE  
NGO DRUP KUN DAK DEWA CHENPO SHYAP  
BAR CHEY KUN SAL DUD DUL DRAKPO TSAL  
SOLWA DEPSO CHINGYI LAP DU SOL  
CHI NANG SANGWEY BAR CHEY SHYIWA DANG  
SAMPA LHUN GYI DRUP PAR CHIN GYI LOP

### ***Mantra Visualization***

From the root syllable and mantra chain in one's heart, light rays emanate to the ten directions to call upon the promise of the deities of the Three Roots. The blessings of their body, speech and mind in the form of:

white OM  red AH,  and blue HUNG 

descend like rain to dissolve unobstructedly into one's three places. Again, believe that all the power of the blessings of the compassion of all the Victorious Ones, the boundless hosts of Vajrakilaya Deities large and small, descends like snowflakes, dissolving into oneself. The deities within one's body and the male and female deities in one's channels and places are like an opened pod of sesame seeds. From all the deities in the mandala, consider that the sound of the mantra vibrates similar to the sound of a disturbed beehive. (Recite the root mantra.)

OM BENZAR KILIKILAYA SARWA BIGNAN BAM HUNG PHAT

This is the root mantra recitation. Then from the mantra chain light rays and a second chain emanate. From the mouth of the Yab it enters the mouth of the consort; limitless Dakas and Dakinis in the consort's four chakras are awakened by the self-originating sound of the mantra. From the secret place of the consort it (the mantra chain) enters the vajra of the Yab. Throughout one's channels and places the deities proclaim the sound of the mantra; the mantra chain dissolves into the heart. Recite the accomplishing mantra, which is joined together with the activity engagement.

HUNG PAL CHEN DORJE SHÖN NU TRO WOI GYAL  
 CHÖ YING NAM DAG KHOR LO GYE DEB YUM  
 TAB SHE KU LEI TRÜL PAI TRO WO CHU  
 RANG SHIN YING LEI SHAR WAI TRO MO CHU  
 TRUL PA LEI LA NGAG PAI TRA TAB TSOG  
 ZA SÖD CHE WA TAG GYI GO WO CHEN  
 KYIL KHOR CHOG SHI KYONG WAI GO MA SHI  
 SÖD PAI LEI DZED PHUR SUNG CHU NYI DANG  
 SEI CHAG DUNG GI KYE BU LA SOG TE  
 PHUR PAI SUNG MAR SHAL SHEI DAM CHEN TSOG  
 KHOR DANG CHEI LA CHAG TSAL TÖD PAR GYI  
 KHYED KYI THUG JEI THUG DAM DÜ LA BAB  
 NGÖN CHÖD DRAG POI TRIN LEI DRUB PAR DZÖD

***The Profound Recitation***

HUNG Great, glorious Dorje Shonnu with your entourage  
 of sons,  
 Khorlo Gye Deb enacting your wrathful dance from the great  
 expanse  
 The sound of emptiness, the melodious murmuring of the mantra  
 reverberating like thunder.  
 Until the sphere of your commitment is accomplished, I shall  
 engage in practice!

HUNG PAL CHEN DORJE SHÖN NU SEI KHOR CHEI  
 KHOR LO GYE DEB LONG NEI TRO GAR DZED  
 DRAG TONG NGAG KYI DZAB YANG DRUG DRA DROG  
 THUG DAM YING NEI MA DRUB BAR DU DRUB

***Merit Field Dissolution***

From all the objects of refuge, arise blessings, a continuous  
 stream of nectar,  
 Clear white, in the form of boundless rays of light,  
 Dissolving into oneself and others, purifying the obscurations  
 of the three gates and then  
 Instantaneously, (oneself and others) melt into light and dissolve  
 into objects of refuge.  
 All the retinue of the object of refuge gradually melt and are  
 gathered into the central figure.  
 The central figure becomes the conceptionless expanse of the  
 Dharmadhatu.

KYAP YUL NAM LE CHIN LAP DUDTSII GYUN  
 KAR SAL ÖD ZER NAM PAR PAG MED JUNG  
 DAG SHEN LA THIM GO SUM DRIB JANG NE  
 KAD CHIG ÖD SHU KYAP YUL NAM LA THIM  
 KYAP YUL KHOR NAM RIM SHU TSO WOR DU  
 TSO WO MI MIG CHÖ YING LONG DU O



## ***DAILY PRACTICE OF VAJRAKILAYA***

*Nonconceptual primordial wisdom Dharmakaya  
Accomplishing the Kilaya of cyclic existence,  
Paying homage and carrying concerned activity as the path  
I shall make the vision of the past teachers extremely clear.*

### ***First Refuge and Bodhicitta***

NAMO In the Lama, Precious (Jewels), Meditational Deities  
And the ocean-like assembly of Victorious Ones,  
Myself and all sentient beings  
Take refuge, respectfully, with our three doors.  
Alas! For myself to liberate all beings  
Into the mandala of the activity Kilaya,  
To stir samsara from its very depths  
I generate the four immeasurables. (Recite 3 times)

NAMO LAMA KÖN CHOG YIDAM LHA  
GYAL WA GYA TSOI TSOG CHEI LA  
DAG DANG DRO WA SEM CHEN NAM  
GO SUM GÜ PEI KYAB SU CHI  
KYE MA DAG GI DRO KÜN DRAL CHAI CHIR  
TRINLEI PHUR PAI KYIL KHOR DU  
KHOR WA DONG NEI TRUG PAI CHIR  
TSED MED SHI RU SEM KYED DO

## ***Confession***

OM In the all-embracing, primordially pure, natural expanse  
The characteristics of confession and what is to be confessed  
are liberated in their own place.  
However, all errors of ignorant duality  
I confess to all the self-originating manifestations of gathered  
deities.

SAMAYA AH AH

OM DAL KHYAB KA DAG YANG DAG LHUN JAM LA  
SHAG DANG SHAG CHAI TSEN MA RANG SAR DROL  
ÖN KYANG MA RIG ZUNG DZIN TRUL SID NA  
RANG JUNG TRUL PAI LHA TSOG NAM LA SHAG  
SAMAYA AH AH

### ***The Praises***

HUNG King of wrath, glorious, great Dorje Shonnu,  
Consort Khorlo Gyedeb of the perfectly pure Dharmakaya,  
The ten wrathful ones, manifest from the presence of wisdom  
and method,  
The ten wrathful mothers, arisen from the natural sphere,  
The host of protector emanations charged with (Buddha) activity,  
The Zasods with fangs and tiger heads and others,  
The four female doorkeepers, guarding the four directions of the  
mandala,  
The twelve Kilaya guardians, engaged in the action of liberating,  
Sei Chag Dung Gi Kye Bu and others,  
To the Vajrakilaya protectors of the commitment and the  
assembly of oathbound protectors,  
To your entire assembly and retinue I prostrate and render praise.  
The time for fulfilling your loving commitment has come:  
Enact and accomplish your wrathful concerned activity!



HUNG The great medicine prepared with the eight roots  
and a thousand branches,  
The supremely secret rakta, delusion in the sphere of space,  
Is offered together with the great torma essence of supreme  
substance.

MAHA PENTSA AMRITA RAKTA BALINGTA KHA HI

HUNG ignorance, the nature of flesh, piled like a mountain,  
Desire, a wave-tossed ocean of blood,  
Together with anger, a heap of bones,  
Is offered to Dorje Sinpo and his entire assembly!  
OM AH HUNG

HUNG LHEN CHIG KYE JOR CHI NANG SANG KÖD PAI  
CHÖD PA NAM MANG NGÖ JOR YID TRÜL PA  
RANG JUNG TRÜL PAI LHA LA CHÖD PA BÜL  
NYI MED LANG DOR MED PAR SHE SU SÖL

OM BENZAR ARGHAM PADYAM PUPE DHUPE ALOKE GANDHE  
NIVEDYA SHABDA PRATITSA SWAHA

HUNG TSA GYED YEN LAG TONG JAR MED CHEN DANG  
NYÖN MONG KHA YING SANG WAI RAKTA CHOG  
CHÜD CHEN DZE CHOG TOR MAR CHEI TE BÜL

MAHA PENTSA AMRITA RAKTA BALINGTA KHA HI

HUNG TI MUG SHA YI RANG SHIN RI TAR NYIL  
DÖD CHAG TRAG GI GYA TSO BA LONG TRUG  
SHE DANG RÜ PAI PHUNG POR CHEI PA NAM  
DORJE SINPO KHOR DANG CHEI LA BÜL

OM AH HUNG

### *Delineating the Boundaries*

HUNG In the natural, spontaneously arisen great palace  
Not even the name of obstructing hindrances exists.  
Thus fully realizing, they are originally cleared,  
The mandala of the boundaries is spontaneously, naturally  
accomplished.

HUNG RANG SHIN LHUN DRUB SHAL YEI CHEN PO LA  
GEG DANG LOG PAR DREN PAI MING YANG MED  
DE TAR YE NEI SAL WAR RAB TOG PAI  
TSAM KYI KYIL KHOR RANG SHIN LHUN GYI DRUB

### *The Invocation*

HUNG From the unborn, completely pure nature of the  
Dharmadhatu.  
Showing the miracle of birth (as) a blazing body,  
Dorje Shonnu together with your entire assembly,  
From the Dharmadhatu come here to this place!  
To accomplish existence as Vajrakilaya and  
To bestow empowerment and spiritual attainments without  
exception  
Wrathful wisdom king with your entourage having come here,  
Display the auspicious signs and symbols, and  
To bestow the spiritual attainment of Kilaya,  
Wrathful wisdom King, come forward now with your entire  
assembly!

DZA HUNG BAM HO BENZAR SAMAYA DZA SAMAYA TITHRA  
LHAN

HUNG KYE MED NAM DAG CHÖ KYI YING NYID LEI  
KYE WAI CHÖ TRUL BAR WAI KUR TON PA  
DORJE SHÖN NU KHOR DANG CHEI PA YANG  
CHÖ KYI YING NEI NEI DIR SHEG SU SOL  
SID PA DORJE PHUR BU DRUB PA DANG  
WANG DANG NGÖ DRUB MA LÜ TSÖL WAI CHIR  
YE SHE TRO GYAL KHOR CHE SHEG NEI KYANG  
TAG DANG TSEN MA ZANG PO TEN PA DANG  
KI LA YA YI NGÖ DRUB TSÖL WAI CHIR  
YE SHE TRO GYAL KHOR CHE SHEG SU SÖL

DZA HUNG BAM HO BENZAR SAMAYA DZA SAMAYA TITHRA  
LHAN

### ***Prostrations***

HUNG To liberate the negativity of the three realms  
of existence and to vanquish clinging to pride,  
To Dorje Sinpo and the entire assembly,  
With single pointed devotion I bow down.  
ATI PU HO PRATITSA HO

HUNG SID SUM DUG PA DRAL WA DANG  
NGA GYAL SHEN PA SHOM PAI CHIR  
DORJE SIN POI TSOG CHEI LA  
TSE CHIG GÜ PAI CHAG TSAL LO

ATI PU HO PRATITSA HO

### ***Blessing The Offerings***

Originally self-arising perfectly pure supreme amrita,  
Rakta essence of the six realms liberated into the sphere of truth,  
Great torma, the arising of the base of phenomenal existence,  
The three great inexhaustible essences, OM AH HUNG.

OM BENZAR ARGHAM PADYAM PUPE DHUPE ALOKE GANDHE  
NIVEDYA SHABDA AH HUNG

DÖD NEI RANG JUNG NAM DAG DÜD TSI CHOG  
GYÜD DRUG YING SU DRAL WAI MAR CHEN PO  
NANG SID SHIR SHENG MAHA BALINGTA  
NAM SUD DZED MED CHUD CHEN OM AH HUNG

OM BENZAR ARGHAM PADYAM PUPE DHUPE ALOKE GANDHE  
NIVEDYA SHABDA AH HUNG

### ***The Outer, Inner and Secret Offerings***

HUNG The arrangement of outer, inner and secret coemergent  
enjoyments  
Many countless offerings both actual and mind-emanated,  
I offer to the spontaneous self-emanated deity:  
In the nonduality, (which is) without acceptance or rejection  
please partake of this.

OM BENZAR ARGHAM PADYAM PUPE DHUPE ALOKE GANDHE  
NIVEDYA SHABDA PRATITSA SWAHA